

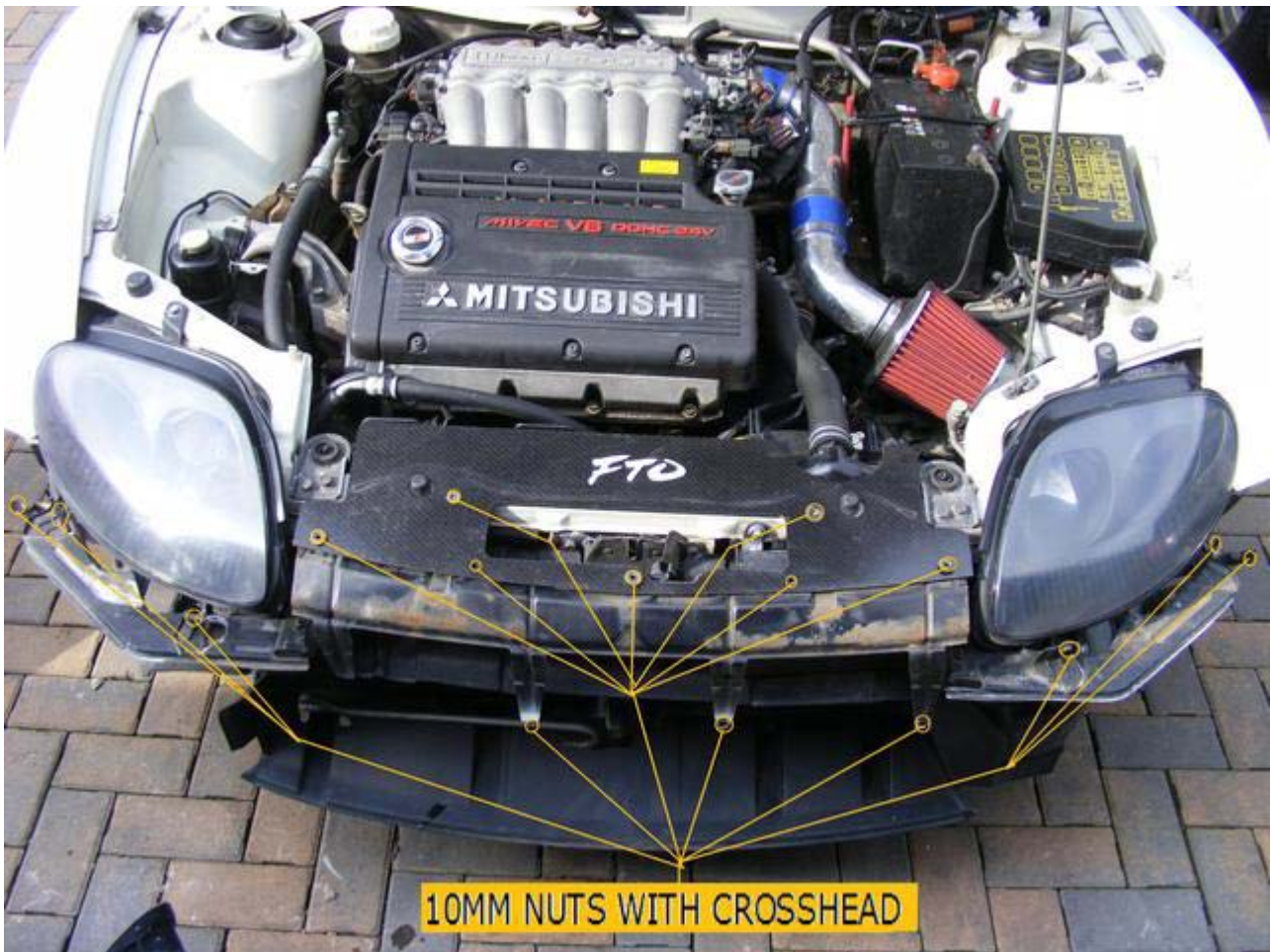
FRONT BUMPER REMOVAL AND FITTING

please note this may not be 100% to what everyone else has done but just what i did and there was no need to remove the headlights.

turn the wheel into the arch to easily access the plastic screw in the arch and 2 screws under the bumper (still on the arch liner)
with the plastic arch loosened you can now undo the end bumper nut which holds the bumper to the wing, undo the bumper from the bumper carrier - 3 bolts either side - repeat for the opposite side (this can be made easier if you remove the indicator pod as there's a tricky screw under the headlamp which holds the bumper to the bumper carrier.)



undo the plastic screws along the top of the bumper (in between the headlamps), pull the bumper forward under the light and another 2 screws (either side) will show themselves for you to unscrew, the metal flanges securing the bumper at these bolt points will also bend but dont worry as after market bumper dont use these bolts hole (my facelift t's factory facelift didnt use these) the flange can easily be bent back with pliers or a hammer.



finally slide your arm down the inside of the centre bumper to undo the 3 screws located at the top of the grill and the bumper will come away.

to do this you will need a 10mm spanner

a cross head screw driver

a short cross head screw as there's a tricky screw under the headlamp